

2021 Preventive Medication List for Consumer Driven Health Plans Core Plus List

This is a list of **Preventive Medications** that may be covered under your plan. If your plan covers these Preventive Medications, your insurance benefit is applied before you meet your deductible.

Some medications may have other requirements or limits depending on your benefit plan and are noted below. To find out if a drug is covered, please check your plan benefits on the health plan's member website. Or, call the toll-free phone number on your health plan ID card. This list may not be all-inclusive. Brand and generic drugs may not always be available due to market changes.

This list applies to UnitedHealthcare and Oxford medical plans. It is correct as of January 1, 2021 and is subject to change after this date. The next anticipated update will occur with the next PDL cycle.

CDH preventive drug lists may also be used with non-CDH plans

Effective May 1, 2021

| Therapeutic Drug Classes | Requirements & Limits |
|---------------------------------|-----------------------|
| Breast Cancer Prevention | |
| Anastrozole | |
| Arimidex | E |
| Aromasin | E |
| Exemestane | |
| Fareston | E |
| Femara | E |
| Letrozole | |
| Soltamox | E |
| Tamoxifen | |
| Toremifene | |

| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Cardiovascular/Heart Disease: Blood Clot/Platelet Therapy | |
| Aggrenox | |
| Arixtra | |
| Aspirin-Dipyridamole | |
| Bevyxxa | |
| Brilinta | |
| Cilostazol | |
| Clopidogrel | |
| Coumadin | |
| Dipyridamole | |
| Effient | E |
| Eliquis | |

Bold type = Brand-name drug

[Plain type = Generic drug]

E = May be excluded from coverage or subject to prior authorization (sometimes referred to as precertification)

¹Coverage is provided for oral formulations

| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Enoxaparin | |
| Fragmin | |
| Fondaparinux | |
| Heparin | |
| Jantoven | |
| Lovenox | E |
| Persantine | |
| Plavix | E |
| Pletal | |
| Pradaxa | |
| Prasugrel | |
| Savaysa | |
| Ticlopidine | |
| Warfarin | |
| Xarelto | |
| Zontivity | |
| Cardiovascular/Heart Disease: High Blood Pressure | |
| Accupril | |
| Accuretic | |
| Acebutolol | |
| Aceon | |
| Adalat CC | |
| Afedital | |
| Aldactazide | |
| Aldactone | |
| Aliskiren | |
| Altace | |
| Amiloride | |
| Amiloride-Hydrochlorothiazide | |
| Amlodipine | |
| Amlodipine-Benazepril | |
| Amlodipine-Olmesartan | E |

| Therapeutic Drug Classes | Requirements & Limits |
|---|-----------------------|
| Amlodipine-Olmesartan-Hydrochlorothiazide | E |
| Amlodipine-Valsartan | |
| Amlodipine-Valsartan-Hydrochlorothiazide | E |
| Amturnide | E |
| Atacand | E |
| Atacand HCT | |
| Atenolol | |
| Atenolol-Chlorthalidone | |
| Avalide | |
| Avapro | E |
| Azor | E |
| Benazepril | |
| Benazepril-Hydrochlorothiazide | |
| Benicar | E |
| Benicar HCT | E |
| Betaxolol ¹ | |
| Bidil | |
| Bisoprolol | |
| Bisoprolol-Hydrochlorothiazide | |
| Bumetanide | |
| Bystolic | E |
| Byvalson | |
| Calan | |
| Calan SR | |
| Candesartan | |
| Candesartan-Hydrochlorothiazide | |
| Captopril | |
| Captopril-Hydrochlorothiazide | |
| Cardene SR | |
| Cardizem | E |
| Cardizem CD | E |

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[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|--------------------------|-----------------------|
| Cardizem LA | E |
| Cardura | |
| Carospir | |
| Cartia XT | |
| Carvedilol | |
| Carvedilol ER | E |
| Catapres | |
| Catapres TTS | |
| Chlorothiazide | |
| Clonidine | |
| Clonidine Patch | |
| Clorpress | |
| Conjupri | E |
| Coreg | |
| Coreg CR | E |
| Corgard | |
| Corzide | |
| Covera HS | |
| Cozaar | E |
| Demadex | |
| Dilacor XR | |
| Dilt CD | |
| Dilt XR | |
| Diltia XT | |
| Diltiazem | |
| Diltiazem ER | |
| Diltzac ER | |
| Diovan | E |
| Diovan HCT | E |
| Diuril | |
| Doxazosin | |
| Dutoprol | E |
| Dyazide | |

| Therapeutic Drug Classes | Requirements & Limits |
|--------------------------------|-----------------------|
| Dynacirc CR | |
| Dyrenium | |
| Edarbi | |
| Edarbyclor | |
| Edecrin | |
| Enalapril | |
| Enalapril-Hydrochlorothiazide | |
| Epaned | |
| Eplerenone | |
| Eprosartan | |
| Ethacrynic Acid | |
| Exforge | E |
| Exforge HCT | E |
| Felodipine ER | |
| Fosinopril | |
| Fosinopril-Hydrochlorothiazide | |
| Furosemide | |
| Guanfacine | |
| Hydralazine | |
| Hydrochlorothiazide | |
| Hyzaar | |
| Indapamide | |
| Inderal | |
| Inderal LA | E |
| Inderal XL | E |
| Innopran XL | E |
| Inspra | |
| Irbesartan | |
| Irbesartan-Hydrochlorothiazide | |
| Isoptin SR | |
| Isradipine | |
| Kaspargo | |
| Katerzia | |

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[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|--------------------------------|-----------------------|
| Labetalol | |
| Lasix | |
| Levatol | |
| Lisinopril | |
| Lisinopril-Hydrochlorothiazide | |
| Lopressor | |
| Lopressor HCT | |
| Losartan | |
| Losartan-Hydrochlorothiazide | |
| Lotensin | |
| Lotensin HCT | |
| Lotrel | E |
| Matzim LA | |
| Mavik | |
| Maxzide | |
| Methyclothiazide | |
| Methyldopa | |
| Methyldopa-Hydrochlorothiazide | |
| Metolazone | |
| Metoprolol 37.5, 75 mg | E |
| Metoprolol-Hydrochlorothiazide | |
| Metoprolol Succinate | |
| Metoprolol Tartrate | |
| Micardis | E |
| Micardis HCT | E |
| Microzide | |
| Midamor | |
| Minipress | |
| Minoxidil | |
| Moexipril | |
| Moexipril-Hydrochlorothiazide | |
| Nadolol | |
| Nadolol-Bendroflumethazide | |

| Therapeutic Drug Classes | Requirements & Limits |
|------------------------------------|-----------------------|
| Nicardipine | |
| Nifedipine | |
| Nifedipine ER | |
| Nimodipine | |
| Nisoldipine | |
| Norvasc | E |
| Olmesartan | |
| Olmesartan-Hydrochlorothiazide | |
| Perindopril | |
| Pindolol | |
| Prazosin | |
| Prestalia | E |
| Prinivil | |
| Procardia | |
| Procardia XL | |
| Propranolol | |
| Propranolol-Hydrochlorothiazide | |
| Qbrexelis | |
| Quinapril | |
| Quinapril-Hydrochlorothiazide | |
| Ramipril | |
| Reserpine | |
| Sectral | |
| Spironolactone | |
| Spironolactone-Hydrochlorothiazide | |
| Sular | |
| Tarka | |
| Taztia XT | |
| Tekturna | |
| Tekturna HCT | |
| Telmisartan | |
| Telmisartan-Amlodipine | E |
| Telmisartan-Hydrochlorothiazide | |

Bold type = Brand-name drug

[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|---------------------------------|-----------------------|
| Tenex | |
| Tenoretic | E |
| Tenormin | E |
| Terazosin | |
| Teveten | |
| Teveten HCT | |
| Thalitone | |
| Tiazac | |
| Timolol ¹ | |
| Toprol XL | |
| Torsemide | |
| Trandate | |
| Trandolapril | |
| Trandolapril-Verapamil | |
| Triamterene | |
| Triamterene-Hydrochlorothiazide | |
| Tribenzor | E |
| Twynsta | E |
| Uniretic | |
| Univasc | |
| Valsartan | |
| Valsartan-Hydrochlorothiazide | |
| Vaseretic | E |
| Vasotec | E |
| Verapamil | |
| Verapamil ER | |
| Verelan | |
| Verelan PM | |
| Zaroxolyn | |
| Zebeta | |
| Zestoretic | E |
| Zestril | E |
| Ziac | |

| Therapeutic Drug Classes | Requirements & Limits |
|---|-----------------------|
| Cardiovascular/Heart Disease: High Cholesterol | |
| Altoprev | E |
| Antara | E |
| Atorvastatin | |
| Cholestyramine | |
| Cholestyramine Light | |
| Choline Fenofibrate | E |
| Colesevelam Tablets, Powder for Suspension | E |
| Colestid | |
| Colestipol | |
| Crestor | E |
| Ezallor Sprinkle | |
| Ezetimibe | |
| Fenofibrate 43, 50, 67, 130, 134, 150, 200 mg Capsule | E |
| Fenofibrate 40, 48, 120 mg Tablet | E |
| Fenofibrate 54, 145, 160 mg Tablet | |
| Fenofibric Acid | E |
| Fenoglide | E |
| Fibracor | E |
| Flolipid | |
| Fluvastatin | |
| Fluvastatin ER | |
| Gemfibrozil | |
| Icosapent | E |
| Lescol | |
| Lescol XL | E |
| Lipitor | E |
| Lipofen | E |
| Livalo | E |
| Lofibra | E |
| Lopid | |

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[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Lovastatin | |
| Lovaza | E |
| Mevacor | |
| Nexletol | |
| Nexlizet | |
| Niacin Extended-Release | |
| Niacor | E |
| Niaspan | |
| Omega-3 Acid Ethyl Esters | |
| Pravachol | |
| Pravastatin | |
| Prevalite | |
| Questran | |
| Questran Light | |
| Rosuvastatin | |
| Simvastatin | |
| Simvastatin-Ezetimibe | |
| Tricor | E |
| Triglide | E |
| Trilipix | E |
| Vascepa | E |
| Vytorin | E |
| Welchol | |
| Zetia | E |
| Zocor | |
| Zypitamag | E |
| Depression: Selective Serotonin Reuptake Inhibitors (SSRIs)¹ | |
| Celexa | E |
| Citalopram | |
| Escitalopram | |
| Fluoxetine Capsules | |
| Fluoxetine 10 mg, 20 mg Tablets | |

| Therapeutic Drug Classes | Requirements & Limits |
|--------------------------------------|-----------------------|
| Fluoxetine 60 mg Tablets | E |
| Fluvoxamine | |
| Fluvoxamine Extended-Release | |
| Lexapro | E |
| Paroxetine | |
| Paroxetine Extended-Release | |
| Paxil | |
| Paxil CR | E |
| Pexeva | E |
| Prozac | E |
| Sertraline | |
| Zoloft | E |
| Diabetes: Diabetic Supplies | |
| Accu-Chek Guide Meters | |
| Accu-Chek Guide Test Strips | |
| Contour Next EZ Meters | |
| Contour Next Meters | |
| Contour Next One Meters | |
| Contour Next Test Strips | |
| Diabetic Testing - Lancets | |
| Insulin Needles/Syringes | |
| OneTouch Diabetic Meters | |
| OneTouch Diabetic Test Strips | |
| Diabetes: Insulin | |
| Admelog, Admelog SoloStar | E |
| Afrezza | E |
| Apidra, Apidra SoloStar | E |
| Basaglar | E |
| Fiasp, Fiasp FlexTouch | E |
| Humalog | |
| Humalog Junior | |
| Humalog Mix 50/50 | |
| Humalog Mix 75/25 | |

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[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|---|-----------------------|
| Humulin 50/50 | |
| Humulin 70/30 | |
| Humulin N | |
| Humulin R | |
| Insulin Aspart | E |
| Insulin Aspart Protamine/Insulin Aspart | E |
| Insulin Lispro | E |
| Insulin Lispro Jr. | E |
| Insulin Lispro Protamine/Insulin Lispro 75/25 | E |
| Lantus | |
| Levemir | E |
| Lyumjev | |
| Novolin 70/30 | E |
| Novolin N | E |
| Novolin R | E |
| Novolog, Novolog FlexPen | E |
| Novolog Mix 70/30 | E |
| Semglee | E |
| Soliqua | |
| Toujeo | |
| Tresiba | E |
| Diabetes: Non-Insulin | |
| Acarbose | |
| ACTOplus Met | |
| ACTOplus Met XR | |
| Actos | E |
| Adlyxin | |
| Alogliptin | E |
| Alogliptin-Metformin | E |
| Alogliptin-Pioglitazone | E |
| Amaryl | |
| Avandia | |

| Therapeutic Drug Classes | Requirements & Limits |
|--------------------------|-----------------------|
| Bydureon | |
| Bydureon BCise | |
| Byetta | |
| Cycloset | |
| Diabeta | |
| Duetact | |
| Farxiga | E |
| Fortamet | E |
| Glimepiride | |
| Glipizide | |
| Glipizide ER | |
| Glipizide-Metformin | |
| Glucophage | |
| Glucophage XR | |
| Glucotrol | |
| Glucotrol XL | |
| Glucovance | |
| Glumetza | E |
| Glyburide | |
| Glyburide Micronized | |
| Glyburide-Metformin | |
| Glynase | |
| Glyset | |
| Glyxambi | |
| Invokamet | E |
| Invokamet XR | E |
| Invokana | E |
| Janumet | E |
| Janumet XR | E |
| Januvia | E |
| Jardiance | |
| Jentadueto | |
| Jentadueto XR | |

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Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Kazano | |
| Kombiglyze XR | |
| Metformin | |
| Metformin ER (generic Fortamet) | E |
| Metformin ER (generic Glucophage XR) | |
| Metformin ER (generic Glumetza) | E |
| Metformin Solution (generic Riomet) | |
| Miglitol | |
| Nateglinide | |
| Nesina | |
| Onglyza | |
| Oseni | |
| Ozempic | |
| Pioglitazone | |
| Pioglitazone-Glimepiride | |
| Pioglitazone-Metformin | |
| PrandiMet | |
| Prandin | |
| Precose | |
| Qtern | E |
| Repaglinide | |
| Repaglinide-Metformin | |
| Riomet | E |
| Riomet ER | |
| Rybelsus | |
| Segluromet | E |
| Starlix | |
| Steglatro | E |
| Steglujan | E |
| SymlinPen | |
| Synjardy | |
| Synjardy XR | |
| Tolbutamide | |

| Therapeutic Drug Classes | Requirements & Limits |
|---|-----------------------|
| Tradjenta | |
| Trijardy XR | |
| Trulicity | |
| Victoza | |
| Xigduo XR | E |
| Xultophy | E |
| Immunosuppressant: Organ Rejection | |
| Astagraf XL | E |
| Azasan | |
| Azathioprine | |
| Cellcept | E |
| Cyclosporine | |
| Envarsus XR | E |
| Everolimus | |
| Gengraf | |
| Imuran | E |
| Mycophenolate | |
| Mycophenolic Acid | |
| Myfortic | E |
| Neoral | E |
| Prograf | |
| Rapamune | E |
| Sandimmune | E |
| Sirolimus | |
| Tacrolimus | |
| Zortress | E |
| Musculoskeletal: Osteoporosis | |
| Actonel | E |
| Alendronate | |
| Atelvia | E |
| Binosto | E |
| Boniva | |
| Calcitonin (Salmon) | |

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[Plain type = Generic drug]

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| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Didronel | |
| Etidronate | |
| Evista | E |
| Forteo | E |
| Fortical | |
| Ibandronate | |
| Miacalcin | |
| Raloxifene | |
| Risedronate | |
| Teriparatide | |
| Tymlos | |
| Respiratory: Asthma/COPD | |
| Accolate | |
| Accuneb | |
| Advair Diskus | |
| Advair HFA | |
| Albuterol HFA (generic ProAir HFA , Proventil HFA) | |
| Albuterol HFA (Ventolin HFA authorized generic) | E |
| AirDuo Digihaler | E |
| AirDuo RespiClick | E |
| Albuterol Nebulized Solution | |
| Albuterol Oral Tablet | |
| Alvesco | E |
| Aminophylline | |
| Anoro Ellipta | |
| ArmonAir Digihaler | E |
| ArmonAir RespiClick | E |
| Arnuity Ellipta | |
| Asmanex HFA | E |
| Asmanex Twisthaler | E |
| Atrovent HFA | |
| Bevespi Aerosphere | |

| Therapeutic Drug Classes | Requirements & Limits |
|---|-----------------------|
| Breo Ellipta | |
| Breztri Aerosphere | |
| Brovana | |
| Budesonide/Formoterol (Symbicort Authorized Generic) | E |
| Budesonide Nebulized Solution | |
| Combivent Respimat | |
| Cromolyn | |
| Daliresp | |
| Duaklir Pressair | E |
| Dulera | E |
| Duoneb | |
| Elixophyllin | |
| Flovent Diskus | |
| Flovent HFA | |
| Fluticasone/Salmeterol Diskus | E |
| Fluticasone/Salmeterol RespiClick | |
| Foradil | |
| Gastrocrom | |
| Incruse Ellipta | E |
| Ipratropium | |
| Ipratropium/Albuterol | |
| Levalbuterol HFA | |
| Levalbuterol Nebulized Solution | |
| Lonhala Magnair | E |
| Lufyllin | |
| Metaproterenol | |
| Montelukast | |
| Perforomist | |
| ProAir Digihaler | E |
| Proair HFA | E |
| Proair RespiClick | E |
| Proventil HFA | E |

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| Therapeutic Drug Classes | Requirements & Limits |
|--|-----------------------|
| Pulmicort Flexhaler | |
| Pulmicort Nebulized Solution | E |
| QVAR Redihaler | E |
| Serevent Diskus | |
| Singulair | E |
| Spiriva HandiHaler | |
| Spiriva Respimat | |
| Stiolto Respimat | E |
| Striverdi Respimat | |
| Symbicort | |
| Terbutaline | |
| Theo-24 | |
| Theophylline | |
| Theophylline/Guaifenesin | |
| Trelegy Ellipta | |
| Tudorza Pressair | E |
| Ventolin HFA | E |
| VoSpire ER | |
| Xopenex HFA | |
| Xopenex Nebulized Solution | E |
| Yupelri | |
| Zafirlukast | |
| Zyflo | |
| Zyflo CR | |
| Vitamins | |
| Pediatric Flouride Preparations (for example: Florvite, Poly-Vi-Flor, Tri-Vi-Flor) - Brand Name and Generic Products | |
| Prenatal Vitamins (for example: Citranatal Assure, Prenate DHA, Stuartnatal) - Brand Name and Generic Products | |

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[Plain type = Generic drug]

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| Astagraf XL..... | 8 |
| Atacand..... | 2 |
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| Atelvia..... | 8 |
| Atenolol..... | 2 |
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| Atrovent HFA..... | 9 |
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| Avandia..... | 7 |
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| Basaglar..... | 6 |
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Washington, D.C. 20201

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